



JOHN EDMONDSON HIGH SCHOOL

Assessment Notification

Faculty: PDHPE **Course:** PDHPE **Year:** 9

Assessment Task: "R U OK" - Mental Health

Assessment Weighting: 30% **Due: Term:** 3 **Week:** 9 **Date:** Class teacher to decide

Task Type: In Class Task

Outcomes assessed (NESA)
PD5-1 assesses their own and others' capacity to reflect on and respond positively to challenges. PD5-2 researches and appraises the effectiveness of health information and support services available in the community. PD5-9 assesses and applies self-management skills to effectively manage complex situations.
Task Description/Overview
Students will complete a written examination during an allocated health lesson in Week 9 which will test their knowledge and understanding of Mental Health concepts covered within the 'R U OK' unit of learning this term.
Detailed Assessment Task Description
The examination will consist of multiple choice, short answers and an extended response/case study question. Students will be given 45 mins to complete the assessment task. Concepts that will be assessed can include: <ul style="list-style-type: none">• Prevalence and Statistics of mental health issues in Australia.• The nature of mental health and Wellbeing.• Factors that influence wellbeing.• Mental Health• Strategies to improving mental health.• Community perceptions of mental health.• Stereotypes and Stigma associated with mental health.• Growth and Fixed Mindset.• Self-care & Self-Management Strategies• An analysis of a mental illness (researched in class).• Body Image and young people.
If a student absent on the day you will need to apply for an illness and misadventure form and submit it to Mr Merzi on the day of your return. Failure to do this will result in a mark of zero be awarded for this assessment task.

Section Description
Section 1: Multiple Choice
Section 2: Short Answer Questions
Section 3: Extended response / Scenario
Total Marks for this task (40)