



JOHN EDMONDSON HIGH SCHOOL

Assessment Notification

Faculty: PDHPE

Course: PDHPE

Year: 1212

Assessment Task: HSC Trial Examination

Assessment Weighting: 30 % Due: Term 3, Week 3-4 2024

Date: Please refer to timetable

Task Type: In Class Task

Outcomes assessed (NESA)

- H1 describes the nature and justifies the choice of Australia's health priorities
- H2 analyses and explains the health status of Australians in terms of current trends and groups most at risk
- H3 analyses the determinants of health and health inequities
- H5 explains the different roles and responsibilities of individuals, communities and governments in addressing Australia's health priorities
- H7 explains the relationship between physiology and movement potential
- H8 explains how a variety of training approaches and other interventions enhance performance and safety in physical activity
- H9 explains how movement skill is acquired and appraised
- H10 designs and implements training plans to improve performance
- H13 selects and applies strategies for the management of injuries and the promotion of safety in sport and physical activity
- H14 argues the benefits of health-promoting actions and choices that promote social justice
- H15 critically analyses key issues affecting the health of Australians and proposes ways of working towards better health for all
- H16 devises methods of gathering, interpreting and communicating information about health and physical activity concepts
- H17 selects appropriate options and formulates strategies based on a critical analysis of the factors that affect performance and safe participation

Task Description/Overview

Time: 3 hours + 5 minutes reading time

Task Description: Trial HSC Examination based on work covered in:

Core 1 - Health Priorities in Australia

Core 2 - Factors Affecting Performance

Option 3 - Sports Medicine

Option 4 - Improving Performance – dot points 1 and 2 ONLY

In your answers, you will be marked on your ability to:

-demonstrate knowledge and understanding of health and physical activity concepts relevant to the question

-apply the skills of critical thinking and analysis

-communicate ideas and information using relevant examples

-present a logical and cohesive response

Detailed Assessment Task Description

Personal Development, Health and Physical Education HSC examination specifications

The examination will consist of a written paper worth 100 marks.

Time allowed: 3 hours plus 5 minutes reading time.

The paper will consist of two sections.

Section I – Cores (60 marks)

This section will consist of two parts. Across this section there will be equal weighting given to each core module.

Part A (20 marks)

- There will be multiple choice questions to the value of 20 marks.

Part B (40 marks)

- There will be approximately 8 short-answer questions (4 questions for each Core)
- Questions may contain parts.
- At least two items (per core) will be worth from 6 to 8 marks.

Section II – Options (40 marks)

- There will be up to three questions for each of the five options.
- Candidates will be required to answer all questions on the two options they **have studied**.
- The first question on each option will be worth 8 marks and may contain parts.
- The second question on each option will be an extended response worth 12 marks with an expected length of response of around three and a half pages of an examination writing booklet (approximately 500 words).

Test/Examination Structure

Section Description	Marks Available
Section I Part A • Multiple choice responses	20
Section II	40

Part B – Core 1 and 2	
<ul style="list-style-type: none"> • There will be approximately eight short-answer questions. • Questions may contain parts. • At least one item will be worth from 6 to 8 marks. 	
Section II – Options	40
<ul style="list-style-type: none"> • There will be up to three questions for each of the five options. • Candidates will be required to answer all questions on the two options they have studied. 	
Total Marks for this task	100

Satisfactory completion of courses

A course has been satisfactorily completed when the student has:

- Followed the course developed/endorsed by the NSW Educational Standards Authority (NESA)
- Applied himself/herself with diligence and sustained effort to the set tasks and experiences provided in the course.
- Achieved some or all the course outcomes