



JOHN EDMONDSON HIGH SCHOOL

Assessment Notification

Faculty: PDHPE Course: PDHPE Year: 12

Assessment Task: #3 Sports Medicine

Assessment Weighting: 15% Due: Term 1 Week 6 Date: Thursday 6th June, during periods 3-4.

Task Type: Hand in Task In Class Task Practical Task

Outcomes assessed (NESA)

H8 explains how a variety of training approaches and other interventions enhance performance and safety in physical activity

H13 selects and applies strategies for the management of injuries and the promotion of safety in sport and physical activity

H16 devises methods of gathering, interpreting and communicating information about health and physical activity concepts

H17 selects appropriate options and formulates strategies based on a critical analysis of the factors that affect performance and safe participation

Task Description/Overview

Students will be required to answer a variety of questions (Multiple choice, short answer and an extended response) based on Option 3: Sports Medicine – Critical Questions 1, 2 & 3.

CQ 1: How are sports injuries classified and managed?

CQ 2: How does sports medicine address the demands of specific athletes?

CQ 3: What role do preventative actions play in enhancing the wellbeing of the athlete?

Students will need to use the following scenario to answer the extended response, worth 12 marks in total:

You are the coach of an U21s Australian Soccer team. The team will attend a training camp in Sydney for two weeks, training twice a day, each day. The weather is cold and wet (possibly windy). From here, they fly to Singapore for a competition that will take place over 3 weeks, playing 6 games in total. The weather in Singapore is 35 degrees celsius, with rainfall scheduled for each day, making the climate very humid.

Detailed Assessment Task Description

You will be given 40 minutes to complete the task.

In assessment response, students will be expected to:

- * Demonstrate an understanding of sports medicine
- * Apply the skills of critical thinking and analysis
- * Illustrate answers with relevant examples
- * Present ideas in a clear and logical way.

| Assessment Criteria | | |
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| Grade | Description | Mark Range |
| Outstanding (O) | <ul style="list-style-type: none"> - Displays extensive knowledge and understanding of ways injuries can be classified and managed. - Demonstrates extensive knowledge of the content and indepth understanding of how sports medicine addresses the demands of specific athletes. - Demonstrates extensive knowledge and understanding of the role preventative actions play in enhancing the wellbeing of the athlete. - Uses syllabus terminology - Responses reflect the key words from the question - Effectively communicates complex ideas and information. - Response provides a wide range of relevant and accurate examples. | 21-25 |
| High (H) | <ul style="list-style-type: none"> - Displays thorough knowledge and understanding of ways injuries can be classified and managed. - Demonstrates thorough knowledge of the content and detailed understanding of how sports medicine addresses the demands of specific athletes. - Demonstrates thorough knowledge and understanding of the role preventative actions play in enhancing the wellbeing of the athlete. - Uses syllabus terminology - Responses reflect most of the key words from the question - Effectively communicates detailed ideas and information. - Response provides a range of relevant and accurate examples. | 16-20 |
| Sound (S) | <ul style="list-style-type: none"> - Displays clear knowledge and understanding of ways injuries can be classified and managed. - Demonstrates clear knowledge of the content and show a clear understanding of how sports medicine addresses the demands of specific athletes. - Demonstrates clear knowledge and understanding of the role preventative actions play in enhancing the wellbeing of the athlete. - Can provide syllabus terminology - Responses reflect some of the key words from the question - Communicates ideas and information. - Response provides relevant examples | 11-15 |
| Basic (B) | <ul style="list-style-type: none"> - Displays some knowledge and understanding of ways injuries can be classified and managed. - Demonstrates some knowledge of the content and show some understanding of how sports medicine addresses the demands of specific athletes. - Demonstrates some knowledge and understanding of the role preventative actions play in enhancing the wellbeing of the athlete. - May include syllabus terminology. - Responses reflect some key words . - Response may provide examples. | 6-10 |
| Limited (L) | <ul style="list-style-type: none"> - Displays general knowledge and understanding of ways injuries can be classified and managed. - Demonstrates general knowledge of the content and show some understanding of how sports medicine addresses the demands of specific athletes. | 1-5 |

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| | <ul style="list-style-type: none">- Demonstrates general knowledge and understanding of the role preventative actions play in enhancing the wellbeing of the athlete.- Responses reflect general language.- Response may provide an example. | |
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Satisfactory completion of courses

A course has been satisfactorily completed, when the student has:

- Followed the course developed/endorsed by the NSW Educational Standards Authority (NESA)
- Applied himself/herself with diligence and sustained effort to the set tasks and experiences provided in the course.
- Achieved some or all of the course outcomes