



JOHN EDMONDSON HIGH SCHOOL

Assessment Notification

Faculty: PDHPE Course: Preliminary Year: 11

Assessment Task: Preliminary Examination

Assessment Weighting: 40% Due: Term 3, Week 9-10 as per exam roster

Task Type: Hand in Task In Class Task Practical Task

Outcomes assessed (NESA)

- P2 explains how a range of health behaviours affect an individual's health
- P3 describes how an individual's health is determined by a range of factors
- P4 evaluates aspects of health over which individuals can exert some control
- P5 describes factors that contribute to effective health promotion
- P6 proposes actions that can improve and maintain an individual's health
- P7 explains how body systems influence the way the body moves
- P9 describes biomechanical factors that influence the efficiency of the body in motion
- P10 plans for participation in physical activity to satisfy a range of individual needs
- P12 demonstrates strategies for the assessment, management and prevention of injuries in first aid settings
- P17 analyses factors influencing movement and patterns of participation.

Task Description/Overview

Students are required to complete a final examination consisting of the following:

- Core 1: Better Health for Individuals
- Core 2: The Body in Motion
- Option 1: First Aid
- Option 3: Fitness Choices

Detailed Assessment Task Description

Task Description:

The Yearly Examination will involve a 2 hour exam (plus 5 minutes reading time) including the following question types:

Multiple Choice (based on the Cores)

Short Answer Questions

Extended Response Questions

It will be organised into Cores and Options –

- The Cores will be answered in the spaces provided in the examination booklet and on the multiple choice answer sheet.
- The Options will be answered in SEPARATE writing booklets (ONE booklet for each option). Students will need to choose the **TWO options they have studied** from the four that will be in the exam.

Equipment Required

Students are required to write in **BLACK** pen only. (This is an HSC requirement, so the practice of this is imperative).

Test/Examination Structure	
Section Description	Marks Available
Section I Part A	15
Section I Part B	30
Section II Options	30
Total Marks for this task	75

Satisfactory completion of courses

A course has been satisfactorily completed, when the student has:

- Followed the course developed/endorsed by the NSW Educational Standards Authority (NESA)
- Applied himself/herself with diligence and sustained effort to the set tasks and experiences provided in the course.
- Achieved some or all of the course outcomes