



# JOHN EDMONDSON HIGH SCHOOL

## Assessment Notification

Faculty: PDHPE Course: Health Year: Year 77

Assessment Task: Year 7 Survival Guide

Assessment Weighting: 25% Due: Term 1 1 Week 10 10 Date: March 31<sup>st</sup> 2023

Submission via Canvas by 8:25am

Task Type: Hand in Task

### Outcomes assessed (NESA)

**PD4-1** examines and evaluates strategies to manage current and future challenges

**PD4-2** examines and demonstrates the role help-seeking strategies and behaviours play in supporting themselves and others

**PD4-3** investigates effective strategies to promote inclusivity, equality and respectful relationships

**PD4-7** investigates health practices, behaviours and resources to promote health, safety, wellbeing and physically active communities

### Task Description/Overview

You are to create a Year 7 Survival Guide. You can develop this guide in any one of the following forms: Website, Video, Role Play (including script), Poster, Slide-show Presentation, Podcast. You must work individually, **NO GROUPS**.

You will be given 2 periods in class time to start this task.

You need to submit your task via the assignment link in Canvas on the due date allocated by your teacher.

### Detailed Assessment Task Description

You are to create a survival guide for future Year 7 students. Identifying the common challenges and changes Year 7 students face. Students should also include strategies to overcome these challenges, to make the transition easier from primary school to high school.

Survival guide should include:

- Common challenges year 7 students face: these should be from personal experiences or developed through discussions with peers
- Changes that they may experience, such as more responsibilities at home, having to catch a bus etc
- How these changes may impact them emotionally and socially
- Strategies to help a student starting high school overcome the challenges identified
- Support networks to assist year 7 students

You must include pictures/graphics that will grab the attention of the readers.

<b>Assessment Criteria</b>		
<b>Grade</b>	<b>Description</b>	<b>Mark Range</b>
<b>Outstanding (O)</b>	Identifies a wide range of challenges faced by year 7 students when starting high school Develops effective strategies to manage a range of challenges faced by year 7 students Discusses multiple ways to promote wellbeing for year 7 student's through identifying support networks Information is presented in an outstanding manner with images to support information	<b>17-20</b>
<b>High (H)</b>	Identifies a range of challenges faced by year 7 students starting high school Develops and discusses strategies to manage a range of strategies faced by year 7 students Discusses ways to promote wellbeing for year 7 students by identifying support networks Information is presented in a high level with images to support	<b>13-16</b>
<b>Sound (S)</b>	Identifies some challenges faced by year 7 students Describes some strategies to manages challenges faced by year 7 students Survival guide is presented well	<b>9-12</b>
<b>Basic (B)</b>	Identifies challenges that face year 7 students Identifies a strategies to manage challenges Basic level of presentation	<b>5-8</b>
<b>Limited (L)</b>	Identifies a challenge faced by year 7 students Identifies a strategy to help a year 7 student	<b>1-4</b>

### **Satisfactory completion of courses**

A course has been satisfactorily completed, when the student has:

- Followed the course developed/endorsed by the NSW Educational Standards Authority (NESA)
- Applied himself/herself with diligence and sustained effort to the set tasks and experiences provided in the course.
- Achieved some or all of the course outcomes

**Total:     /20**

**Comments**

---



---