



JOHN EDMONDSON HIGH SCHOOL

Assessment Notification

Faculty: PDHPE Course: PDHPE Year: 12

Assessment Task: #2 Sports Medicine

Assessment Weighting: 25% Due: Term 1 Week 11 Date: Tuesday 4th April, during periods 2/3. Assessment will take place in PLS3 and PLS 5.

Task Type: Hand in Task In Class Task Practical Task

Outcomes assessed (NESA)
<p>H8 explains how a variety of training approaches and other interventions enhance performance and safety in physical activity</p> <p>H13 selects and applies strategies for the management of injuries and the promotion of safety in sport and physical activity</p> <p>H16 devises methods of gathering, interpreting and communicating information about health and physical activity concepts</p> <p>H17 selects appropriate options and formulates strategies based on a critical analysis of the factors that affect performance and safe participation</p>
Task Description/Overview
<p>Students will be required to answer a variety of questions (short answer and extended response) based on Option 3: Sports Medicine – Critical Questions 1, 2 & the first, second and third dot point in Critical Question 3</p> <p>CQ 1: How are sports injuries classified and managed?</p> <p>CQ 2: How does sports medicine address the demands of specific athletes?</p> <p>CQ 3: What role do preventative actions play in enhancing the wellbeing of the athlete?</p>
Detailed Assessment Task Description
<p>You will be given 70 mins plus 5 mins reading time.</p> <p>In assessment response, students will be expected to:</p> <ul style="list-style-type: none"> * Demonstrate an understanding of sports medicine * Apply the skills of critical thinking and analysis * Illustrate answers with relevant examples * Present ideas in a clear and logical way.

Assessment Criteria		
Grade	Description	Mark Range
Outstanding (O)	<ul style="list-style-type: none"> - Displays extensive knowledge and understanding of ways injuries can be classified and managed. - Demonstrates extensive knowledge of the content and indepth understanding of how sports medicine addresses the demands of specific athletes. - Demonstrates extensive knowledge and understanding of the role preventative actions play in enhancing the wellbeing of the athlete. - Uses syllabus terminology - Responses reflect the key words from the question - Effectively communicates complex ideas and information. - Response provides a wide range of relevant and accurate examples. 	30-35

High (H)	<ul style="list-style-type: none"> - Displays thorough knowledge and understanding of ways injuries can be classified and managed. - Demonstrates thorough knowledge of the content and detailed understanding of how sports medicine addresses the demands of specific athletes. - Demonstrates thorough knowledge and understanding of the role preventative actions play in enhancing the wellbeing of the athlete. - Uses syllabus terminology - Responses reflect most of the key words from the question - Effectively communicates detailed ideas and information. - Response provides a range of relevant and accurate examples. 	24-29
Sound (S)	<ul style="list-style-type: none"> - Displays clear knowledge and understanding of ways injuries can be classified and managed. - Demonstrates clear knowledge of the content and show a clear understanding of how sports medicine addresses the demands of specific athletes. - Demonstrates clear knowledge and understanding of the role preventative actions play in enhancing the wellbeing of the athlete. - Can provide syllabus terminology - Responses reflect some of the key words from the question - Communicates ideas and information. - Response provides relevant examples 	14-23
Basic (B)	<ul style="list-style-type: none"> - Displays some knowledge and understanding of ways injuries can be classified and managed. - Demonstrates some knowledge of the content and show some understanding of how sports medicine addresses the demands of specific athletes. - Demonstrates some knowledge and understanding of the role preventative actions play in enhancing the wellbeing of the athlete. - May include syllabus terminology. - Responses reflect some key words . - Response may provide examples. 	8-13
Limited (L)	<ul style="list-style-type: none"> - Displays general knowledge and understanding of ways injuries can be classified and managed. - Demonstrates general knowledge of the content and show some understanding of how sports medicine addresses the demands of specific athletes. - Demonstrates general knowledge and understanding of the role preventative actions play in enhancing the wellbeing of the athlete. - Responses reflect general language. - Response may provide an example. 	1-7

Satisfactory completion of courses

A course has been satisfactorily completed, when the student has:

- Followed the course developed/endorsed by the NSW Educational Standards Authority (NESA)
- Applied himself/herself with diligence and sustained effort to the set tasks and experiences provided in the course.
- Achieved some or all of the course outcomes